



Class 4



Summer Newsletter

This new terms topic will focus on elements of Health and Well-being and Humanities from the Welsh Curriculum. We will delve into the history of the Olympics while keeping an eye on the current year's games. Additionally, we will explore the origins of farming, looking at how food choices impact nutrition and healthy eating. We will also examine the benefits of exercise on the human body to encourage a holistic understanding of health.



We are continuing to place an importance on reading this term. Please can you support us by regularly listening to your child read at home and signing their reading record. Please ensure that they are both brought to school **every day**. We ask that the children try to read little and often whilst at home. Dojo points are given for each time the children read at home.

In RSE we will be covering sticks and stones, understanding friendship, peer pressure and bullying and exploring all different types of families. These lessons are compulsory for all children, for further information on this please visit the RSE section on the school website.

PE will be continue to be on Fridays. Children are to wear their school uniform on these days and bring their PE kits to school to get changed into. For PE, we encourage the children to wear black shorts/jogging bottoms/leggings, a plain white t-shirt, and trainers. No jewellery is to be worn. Please can you make sure all clothing is cleared labelled with names.

As the weather begins to improve, we will be looking at going outside more often. So please can you make sure the children bring a drink, sunhat and suncream to school where possible.

