

# Summer Newsletter

Class 3 - Mrs Elphick, Mrs Roderick, Mrs Lemonheigh

## Keeping Healthy

This term, we will be finding out about how to keep ourselves fit and healthy. We will look at healthy eating, the importance of engaging in sports and activities as well as focusing on emotional wellbeing. As we lead up to sports day, we will look at the history of the Olympics and try out some new activities! Hopefully the weather will be kind to us, so please ensure your child has a sun hat, a drink, is covered with sunscreen and has trainers available for running etc.

# Recycling Fortnight

We have been learning about the importance of recycling and reducing the amount of rubbish we produce. We need to look after our planet!



## RSE Curriculum

In RSE, we will be exploring friendships and relationships, keeping clean, body parts and PANTS. Please see our school website and www.nspcc.org.uk for more details.

## **Reminders**:

Please bring reading books and diaries every day. PE is on a Thursday but will take place more often throughout the term.

#### Visit our school Website

www.llanhariprimary.com

#### Uniform

Please ensure all uniform / PE kits / bottles etc are labelled clearly. This really does help when sorting through lots of items! Wearing uniform is encouraged throughout the term. PE kit consists of a white T shirt and black shorts / leggings. Thank you.