



Llanhari Primary School

# Coffee Morning

## “Dealing with anxiety”

This workshop for parents will be delivered by a behaviour specialist from the SHINE project. They will look at how we can identify and support anxiety in our children.

**10th May 9am–10am**

Come and join us for coffee, cakes and a chat. All parents welcome — Mums and Dads, Grandparents, Aunties and Uncles.

*Contact Mrs Coates : 01443 237832*